

Words of Wisdom

from fellow patients and survivors



You are not alone. Take comfort from others who have gone through the cervical cancer journey.

"Don't beat yourself up. I know there's a lot of guilt attached to being ill. Take one day at a time and don't let cancer take the best parts of you. You are magic!"

—Visleyn

"If you're not completely comfortable and happy with your doctor you have the right to find a new one or get a second opinion."

—Stephanie

"Connect with others who have gone before you. Connect with others who are going through it now. They need you. You need them. Don't do it alone."

—KathrynJane

"Give yourself grace, before, during, and after treatment. Trust your body and your spirit and advocate for yourself!"

—Justine

"Keep your head up, nothing you have or haven't done will change anything. This is a part of your life journey and keep fighting."

—Andrea

Visit the National Cervical Cancer Coalition to learn more about cervical cancer prevention.

www.nccc-online.org

