

# Words of Wisdom

from fellow  
patients and  
survivors



*You are not alone. Take comfort from others who have gone through the cervical cancer journey.*

*"Don't beat yourself up. I know there's a lot of guilt attached to being ill. Take one day at a time and don't let cancer take the best parts of you. You are magic!"*

—Visleyn

*"If you're not completely comfortable and happy with your doctor you have the right to find a new one or get a second opinion."*

—Stephanie

*"Connect with others who have gone before you. Connect with others who are going through it now. They need you. You need them. Don't do it alone."*

—KathrynJane

*"Give yourself grace, before, during, and after treatment. Trust your body and your spirit and advocate for yourself!"*

—Justine

*"Keep your head up, nothing you have or haven't done will change anything. This is a part of your life journey and keep fighting."*

—Andrea

Visit the National Cervical Cancer Coalition to  
learn more about cervical cancer prevention.  
[www.nccc-online.org](http://www.nccc-online.org)

