

Have you heard the secret to cervical cancer prevention?

No? That's because **there is no secret.**

But there are simple steps anyone can take to prevent cervical cancer.

Vaccinate early. It is recommended that all young people get vaccinated at age 11-12. The vaccine produces a stronger immune response when taken during the preteen years, but vaccination is recommended through age 26. Vaccination is also available to all men and women through age 45.

Screen regularly. Women should start with a Pap test at age 21. At age 30, there are three options: an HPV test alone, co-testing with a Pap and an HPV test, or a Pap test alone. Your health care provider will offer guidance on how often a woman should be screened.

Learn more about protecting your cervical health at www.nccc-online.org

NCCC
National Cervical Cancer Coalition
A program of the American Sexual Health Association

